Metastatic malignant melanoma of duodenum: the tip of the iceberg

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CASE REPORT

A 47-year-old male patient was referred to our gastroenterology department, to investigate multiple and large conglomerate mediastinal adenopathies.

He reported a 6-month history of anorexia, weight loss, hoarseness, decrease in visual acuity, and several pigmented skin nodules scattered over the whole body with an average size of 2 cm. More recently, he presented with diffuse abdominal pain, nausea and vomiting.

Upper endoscopy showed at the duodenal bulb and second part of duodenum, several sessile erythematous polyps, between 5 and 15 mm with central ulceration (Fig. 1). The biopsy specimen revealed metastatic malignant melanoma. Immunohistochemistry stains showed neoplastic cells positive for S-100 protein (Fig. 2).

Cutaneous investigation confirmed a very aggressive malignant melanoma (Fig. 3), with disseminated metastasis, including intra-orbital, thyroid, bronchial, lymphatic, heart, pancreatic, peritoneal and bone metastasis.

Clinical management relied on symptomatic therapy only.
Malignant melanoma is the commonest tumour to metastasize to the gastrointestinal tract (GIT). Most frequent GIT metastasis includes the small bowel (50%), colon (31.3%) and anorectum (25%) (1). Despite the frequent autopsy findings of GIT involvement by melanoma, the antemortem diagnosis is made only in 1.5 to 4.4% of all patients with melanoma (2).

The vast majority of GIT melanoma is metastatic from a cutaneous primary melanoma, although primary neoplasia can also arise from GIT (3).

Despite innocuous gastrointestinal symptoms, metastatic melanoma should be a diagnostic consideration in any patient with melanoma.

Prognosis of metastatic melanoma is extremely poor. Studies suggest a mean survival time of patients with systemic metastases from melanoma approximately 6 to 8 months (4,5).

REFERENCES