Assessment of sustained attention in high-performance and attention deficit/hyperactivity disorder (ADHD) children with a vigilance task

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Abstract: The main objective of this study was to compare children selected in a community setting with ADHD, high-performance, and normotypical development on a sustained attention task. Three groups of children were selected: ADHD (n = 42), high-performance (n = 20), and normotypical development (n = 28). A brief computerized vigilance task (CSAT-R) was applied to compare attentional capacity and reaction time. The participants were divided into those with “attentional dysfunction” and those with “normal attention” to analyze clinical validity. Children with high-performance were clearly differentiated from the other two groups, with large effect sizes. The differences between normo-typical and ADHD groups were only significant in the errors and in a nonparametric index of attentional capacity, but with small effect sizes. The CSAT-R showed good specificity and an acceptable positive predictive value, but low levels of sensitivity, and a poor negative predictive value. Therefore, sustained attention could be a prominent mechanism in children with high capacities. The CSAT-R (and probably most of attentional tasks) would be moderately useful in community settings for ADHD diagnosis, but not to rule it out.

Keywords: ADHD. High-performance. Assessment. Sustained attention. Vigilance task. Neuropsychology.

Título: Evaluación de la atención sostenida en niños de alto rendimiento y con trastorno por déficit de atención e hiperactividad (TDAH) en una tarea de vigilancia

Resumen: El objetivo principal de este estudio fue comparar a niños seleccionados en un contexto comunitario con TDAH, alto rendimiento, y desarrollo normotípico, en una tarea de atención sostenida. Se seleccionaron tres grupos de niños: TDAH (n = 42), alto rendimiento (n = 20) y desarrollo normotípico (n = 28). Se aplicó una tarea breve de vigilancia computarizada (CSAT-R) para comparar la capacidad de atención y el tiempo de reacción. Para analizar la validez clínica, los participantes se dividieron en aquellos con “disfunción atencional” y aquéllos con “atención normal”. Los niños con alto rendimiento se diferenciaron claramente de los otros dos grupos, con tamaños del efecto grandes. Las diferencias entre los grupos normotípico y TDAH solo fueron significativas en los errores y en un índice no paramétrico de capacidad de atención, pero con tamaños del efecto pequeños. La CSAT-R mostró una buena especificidad y un valor predictivo positivo aceptable, pero niveles bajos de sensibilidad y un pobre valor predictivo negativo. Por tanto, la atención sostenida podría ser un mecanismo destacado en niños con altas capacidades. La CSAT-R (y probablemente la mayoría de las tareas de atención) sería moderadamente útil en entornos comunitarios para el diagnóstico del TDAH, pero no para descartarlo.


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Introduction

ADHD is a neurodevelopmental disorder characterized by an ongoing pattern of age-inappropriate symptoms of inattention, hyperactivity, and impulsivity, which cause significant impairment in children’s personal development, in their relationships with family, and in their school performance (American Psychiatric Association, 2013; Faraone et al., 2015). The prevalence of this disorder has been below an approximately 5% of the child population (Polanczyk et al., 2007, 2014). However, this percentage has been controversial, as it varies significantly according to the different diagnostic strategies and procedures used (Thomas et al., 2015).

ADHD is a clinical diagnosis based on several behavioral symptoms and criteria (American Psychiatric Association, 2013). Nevertheless, a strong neuropsychophysiological component is associated with this disorder according to numerous theories (Faraone et al., 2015; Willcutt, 2015). The exclusive use of interviews and rating scales for parents and teachers can hinder the proper detection of this disorder and may produce highly subjective and biased results (Berger et al., 2017). Therefore, different laboratory tasks have been proposed to support a more objective ADHD clinical diagnosis (Fair et al., 2012; Willcutt, 2015).

Some of the most commonly used laboratory tasks to diagnose ADHD focus on sustained attention. This mechanism refers to the ability to maintain a tonic alert state over a relatively long period (Huang-Pollock et al., 2012). Sustained attention has been directly or indirectly discussed in the main explanatory theories about ADHD (Fair, et al., 2012; Willcutt, 2015). The tasks most frequently used to measure sustained attention are generically called continuous performance tests (CPTs), which differ greatly based on multiple parameters (i.e. visual/auditory, type of stimuli, duration of stimuli, inter-stimuli interval, outcome measures). However, the main difference is in the way the paradigms are constructed: Go/No-Go CPTs are tasks related to restraining or inhibiting a response, whereas vigilance CPTs are tasks that focus on sustaining attention.

Despite being highly recommended by many experts in the field, the suitability of CPTs to diagnose and differentiate ADHD in children is not clear. Some studies have shown positive and acceptable results (Borgaro et al., 2003; Epstein et al., 2003; Fabio et al., 2015; Rapport et al., 2000; Willcutt,
2015), whereas others have presented limited outcomes (Arkle et al., 2014; Edwards et al., 2007; Nigg et al., 2005). Berger et al. (2017) highlighted that CPTs have low/moderate psychometric validity and a low or moderate relationship with ADHD scales. It is not clear whether this makes CPTs an inadequate or restrictive measure of ADHD or a very specific approach that evaluates unique aspects that go beyond behavioral scales (Hall et al., 2016). Part of this problem was generated by both previous meta-analyses, which mixed different CPTs and other methodological issues (Huang-Pollock et al., 2012). Using vigilance tasks only and random effects models to correct sampling and measurement errors, the results showed large effect sizes in all the usual CPT measures, except reaction times, to differentiate children with ADHD and normal development children. However, these results tend to be variable (as are the parameters that define the different vigilance tasks) and not constant over time.

Moreover, symptoms observed in children with ADHD are also associated with other childhood disorders (Faraone et al., 2015), and interestingly, children with high cognitive abilities are believed to show ADHD-like attentional dysfunctions with a certain frequency (Shi et al., 2013). The relationship between ADHD and high abilities is controversial and infrequently studied. On the one hand, the vast majority of children with ADHD show poor academic performance and a normal IQ (only lower in working memory or processing speed); on the other hand, children with high performance are frequently referred to clinical centers for suspected ADHD. Chae et al. (2003) found a very high prevalence (9.4 %) of ADHD among children with high performance. Inattention behaviors exhibited by some of these children at school have been considered as suspected ADHD symptoms. Some of the first studies that used CPTs to assess sustained attention in children with high performance concluded that sustained attention may be impaired or ordinary in many children with high performance (Chae et al., 2003; Webb & Latimer, 1993).

More recently, some studies have explored electrophysiological correlates and sustained attention performance in talented children and control children. Using a Go/No-Go task, talented children gave significantly more correct answers, made fewer errors of commission, and had, therefore, more attentional capacity, reflected in the d’ index and more neural efficiency (reflected on event-related potential cue-P2 and cue-P3 waves), than their control counterparts (Duan et al., 2009; Liu et al., 2011; Shi et al., 2013). These large effect sizes were expected since sustained attention includes concentration and control of impulsivity, which are both essential for the proper functioning of higher cognitive processes. However, these studies have three main limitations: 1) they only assessed children of 12 years of age and older; 2) they did not make strict use of vigilance tasks, and 3) they did not include children with ADHD in the comparisons.

Considering this context, this study aimed to analyze the differences in a vigilance task among ADHD, high cognitive performance, and normal development children in a community setting. It is important to highlight that community-based samples were used since most previous studies featured a more stringent experimental control. Therefore, this study is novel in providing data from a more ecological and applied perspective. We believe that the vigilance component of sustained attention is equally, or more, important than control of impulsivity (measured in the CPTs) for the proper functioning of higher cognitive processes. Indeed, it is not possible to maintain a high level of cognitive efficiency without the ability to hold attention for a long time. Therefore, we hypothesize that children with high performance will score better on vigilance tasks than ADHD and normal development children. Given that these types of tasks have been designed to help identify children with ADHD, we also assume that children in normal development will obtain better scores than children with ADHD. Then, we analyzed the clinical validity of vigilance tasks by comparing their suitability to differentiate the subjects of the three groups studied. In this case, we assume that the vigilance task will present high levels of sensitivity and specificity regarding differentiating normal development children from ADHD children, and high-performance children from ADHD children.

Methods

Participants

The data of this work comes partially from the doctoral dissertation project of the third author. This project had the approval of the research committee of the Doctoral Program in Clinical Psychology and Health of the University of Barcelona (Number: 100-IV), and no further ethical requirements were demanded.

Three samples of children between 7 and 12 years old with different characteristics and from different sources were selected:

1. An ADHD sample was selected and referred by the ADANA Foundation. The ADANA Foundation is a non-profit organization that has been diagnosing and treating children with ADHD for more than 20 years with its own clinical team (psychiatrists and psychologists). This is an ecological clinical sample. The clinicians used the procedures they considered convenient for the diagnosis of the children, although in all cases, at a minimum, interviews and ADHD scales based on the DSM criteria were used. Clinicians were asked to monitor comorbidity so that they could refer participants with learning disorders and oppositional defiant disorder, as well as mild anxious-emotional symptomatology.

2. ADHD high-performance children were selected and referred to our study by the teachers of two private schools from Barcelona: “Oriol Martorell”, a school focused on teaching music and dance, and “European International School”, a multilingual international center that promotes a curriculum of excellence to allow its students direct ac-
cess to Spanish, United Kingdom, and the United States universities. The teachers of both schools selected children who presented an excellent academic level (in addition, in the case of the "Oriol Martorell" school they had to present high motor skills for dance).

(3) Finally, the normal development comparison group was selected from a public school in Barcelona, “Rosa dels Vents”. In this case, the main inclusion criteria for teachers were to select children with an average academic performance.

Exclusion criteria for all groups were the presence of serious neurological or psychiatric disorders, such as intellectual disability, autism spectrum disorder, schizophrenia (or other psychotic disorders), and/or epilepsy. In addition, to be part of the sample, children assessed with the Children Sustained Attention Task (CSAT-R) were required to have a T score in response style C between 37 and 63 (see Measures and Procedures).

The ADHD group initially referred to our study was 51 participants, but 9 were discarded for having an excessive uninhibited response style. Therefore, the final sample for this group consisted of 42 participants (19 % girls): 16 ADHD-combined, 7 ADHD-inattentive, 3 ADHD-hyperactive/impulsive, and 16 who did not belong to any specific subtype. In clinical practice, it is not so unusual for some clinicians to only make use of the diagnosis "ADHD" without specifying the subtype. In general, this is indicative of a "combined" presentation of ADHD, but this was not specified. Moreover, 74 % of these children were pharmacologically treated as follows: 79 % of ADHD-combined, 75 % of ADHD-inattentive, 100 % of ADHD-hyperactive/impulsive, and 65 % of children within an unspecified subtype (evidence that probably most of these children were ADHD-combined although it was not specified in their clinical report). However, all the children were off of their stable ADHD medication at least 48 hours prior to the assessment. Of the total sample, 18 % had some type of comorbidity. Finally, given the lack of differences in CSAT-R attentional indexes depending on the subtype or medication, a single ADHD group was defined. The high-performance group was formed by 11 participants with high academic performance (55 % girls), and 9 with high academic performance and high motor skills (all girls). All of them showed a balanced response style. Given that both groups did not have differences in the other attentional measures used in this study, they were analyzed as a single group: 20 participants (75 % girls). Finally, the normoypical group was initially formed by 33 children, but 5 were discarded due to their response style (4 for excessive disinhibition and 1 for excessive inhibition). Accordingly, the total sample of this study consisted of 90 participants divided into three groups: ADHD group (n = 42, \( M_{\text{age}} = 9.50, SD = 1.53 \)), high performance group (n = 20, \( M_{\text{age}} = 9.50, SD = 1.24 \)), and normoypical group (n = 28, \( M_{\text{age}} = 9.54, SD = 1.32 \)). Table 1 compares the average age of the participants by group and sex.

<table>
<thead>
<tr>
<th>Group</th>
<th>Boys</th>
<th>Girls</th>
<th>Total</th>
</tr>
</thead>
<tbody>
<tr>
<td>ADHD</td>
<td>34</td>
<td>9.62</td>
<td>8.00</td>
</tr>
<tr>
<td>High Performance</td>
<td>5</td>
<td>9.60</td>
<td>1.52</td>
</tr>
<tr>
<td>Normal</td>
<td>17</td>
<td>9.59</td>
<td>1.37</td>
</tr>
</tbody>
</table>

The distribution by sex in Table 1 showed statistically significant differences (\( \chi^2 (2) = 18.08, p < .000 \)), mainly because the percentage of girls in the ADHD group (19%) was much lower than in the high-performance group (75 %). There were no statistically significant differences in the mean age between the three groups or in the group by sex interaction.

**Measures and Procedures**

Sustained attention was measured using the Children Sustained Attention Task revised (CSAT-R) (Servera & Cardo, 2006; Servera & Llabrés, 2015). The CSAT-R is a vigilance task and, contrary to the usual CPTs, the child must stay focused for most of the time, observing stimuli presentations, and only respond to target stimuli. Basically, this provides measures of attention capacity and reaction time (RT), therefore, unlike other CPTs, it has the disadvantage of not being able to measure variability, but has the advantage of being able to better control type I error (i.e., the probability that many subjects will be considered mildly impaired because they present some difficulty in only one of the multiple measures) (Egeland & Kovakich-Gran, 2010a, 2010b).

The task lasts approximately seven and a half minutes and is applied through a conventional computer (no special features are required). Specifically, numbers from 0 to 9 are projected on the computer screen, and each stimulus is displayed for 250 milliseconds with an inter-stimuli interval of 500 milliseconds. The target stimulus is AX-type: the participants must press the space bar of the keyboard every time they see a 6 followed by a 3. A total of 600 pairs of stimuli are presented, and the target rate is 30%. The maximum number of correct answers is 90, and a maximum of 100 errors was established by the authors of the task. That is, although the error score is in theory unlimited, in the standardization process, authors found that any score equal to or greater than 100 (regardless of the child’s age or gender) was an extreme score (Servera & Cardo, 2006; Servera & Llabrés, 2015). Thus, having a maximum number of correct answers (hits) and errors, it is feasible to calculate the combined indexes based on signal detection theory (Hautus et al., 2017). In addition, the task provides the average RT to hits expressed in milliseconds. Three indexes are provided by CSAT-R: C, which is the response style; \( d’ \), a parametric index of attentional capacity (based on the subtraction of the normalized Z scores of correct answers and errors of com-

**Table 1**

**Average age of the participants by group and sex.**

<table>
<thead>
<tr>
<th>Group</th>
<th>N</th>
<th>M (SD)</th>
<th>N</th>
<th>M (SD)</th>
<th>N</th>
<th>M (SD)</th>
</tr>
</thead>
<tbody>
<tr>
<td>ADHD</td>
<td>34</td>
<td>9.62</td>
<td>8</td>
<td>9.00</td>
<td>1.31</td>
<td></td>
</tr>
<tr>
<td>High Performance</td>
<td>5</td>
<td>9.60</td>
<td>15</td>
<td>9.47</td>
<td>1.19</td>
<td></td>
</tr>
<tr>
<td>Normal</td>
<td>17</td>
<td>9.59</td>
<td>11</td>
<td>9.45</td>
<td>1.29</td>
<td></td>
</tr>
</tbody>
</table>

**Table 1**

**Average age of the participants by group and sex.**

<table>
<thead>
<tr>
<th>Group</th>
<th>N</th>
<th>M (SD)</th>
<th>N</th>
<th>M (SD)</th>
<th>Total</th>
</tr>
</thead>
<tbody>
<tr>
<td>ADHD</td>
<td>34</td>
<td>9.62</td>
<td>8</td>
<td>9.00</td>
<td>1.31</td>
</tr>
<tr>
<td>High Performance</td>
<td>5</td>
<td>9.60</td>
<td>15</td>
<td>9.47</td>
<td>1.19</td>
</tr>
<tr>
<td>Normal</td>
<td>17</td>
<td>9.59</td>
<td>11</td>
<td>9.45</td>
<td>1.29</td>
</tr>
</tbody>
</table>
mission); and $A'$, which is a nonparametric index of attentional capacity given that its calculation is based on the percentages of hits and errors, according to the original proposal of MacMillan and Creelman (Hautus et al., 2017; Macmillan & Creelman, 1991). For both indexes, a higher score means higher attention capacity. Considering that CSAT-R measures are standardized from 6/7 to 10/11 years of age, $T$ scores adjusted by age were used.

The CSAT-R manual describes how to identify attentional dysfunctions (Servera & Llabrés, 2015): first, the $T$ score of response style $C$ must be between 37 and 63 (below or above these values, the attention indexes are not considered reliable, since the child has shown either a too inhibited response style or too impulsive); second, one of the attention capacity indexes ($d'$ or $A'$) must have a $T$ score of less than 37. The two indexes are highly coincident, especially with extreme scores. However, given the tendency of raw scores to have a non-normal distribution, the use of the nonparametric index $A'$ is advised.

After obtaining informed consent from parents, children were individually evaluated using the CSAT-R. In the case of the two high-performance groups, a $t$-test was carried out, and it was found that there was no statistically significant difference in the scores of hits and errors, nor in the combined indexes $C$, $d'$, and $A'$. There were only significant differences in the reaction time, given that children with high motor skills were faster than the other group ($t(18) = 2.78, p = .012$). However, since the RT is not used in any combined index of the CSAT-R, it was decided to unify both groups.

### Data Analysis

The data analyses were performed using SPSS-23 software. The 90 participants were evaluated without missing data. If not indicated otherwise, the $p$-value was .05. The strategy to compare the differences between the three groups in the different measures of the CSAT-R was based on MANOVA, where in addition to the group factor the sex factor was also included, since the groups differed significantly in the number of girls and boys. Since neuropsychological measures usually have problems to adjust to the normal distribution and to meet the criteria of homocedasticity, we planned to perform post-hoc comparisons using nonparametric tests. Effect sizes used for the MANOVA’s $F$ were $g^2$ (small, from .10 to .29; medium, from .30 to .49; large > .49) (see Fritz, Morris, & Ritchler, 2012, p. 12). In a second part, the participants of the three groups were divided according to whether or not they presented “attention dysfunction”, and then the sensitivity and specificity of the CSAT-R were calculated, as well as their positive and negative predictive power.

### Results

A MANOVA with two between-subject factors: group (ADHD, normo-typical development, and high-performance) and sex was performed. Differences in hits, errors, and RT in the CSAT-R were analyzed. The group by sex interaction was not significant, and within the sex factor, there were only statistically significant differences in the RT measure. In fact, boys were 49 milliseconds faster on average than girls ($F(1, 94) = 13.73, p < .000, g^2 = .13$). Given the small influence of the sex factor in the results, it was removed from the definitive analyses shown in Table 2.

### Table 2

Comparison between the three groups in the CSAT measures.

<table>
<thead>
<tr>
<th></th>
<th>ADHD ($n = 51$)</th>
<th>Normal ($n = 29$)</th>
<th>High Performance ($n = 20$)</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>$M$</td>
<td>$SD$</td>
<td>$M$</td>
</tr>
<tr>
<td>Hits</td>
<td>69.84</td>
<td>14.75</td>
<td>71.90</td>
</tr>
<tr>
<td>Errors</td>
<td>38.22</td>
<td>35.81</td>
<td>18.38</td>
</tr>
<tr>
<td>RT</td>
<td>388.90</td>
<td>59.42</td>
<td>373.10</td>
</tr>
<tr>
<td>$C$</td>
<td>46.38</td>
<td>12.76</td>
<td>52.27</td>
</tr>
<tr>
<td>$d'$</td>
<td>41.64</td>
<td>24.96</td>
<td>51.48</td>
</tr>
<tr>
<td>$A'$</td>
<td>35.24</td>
<td>28.33</td>
<td>48.15</td>
</tr>
</tbody>
</table>

Note: RT = Reaction time; $C$ = Response style index; $d'$ = Attentional capacity parametric index; $A'$ = Attentional capacity nonparametric index.

The group factor showed statistically significant differences in hits, errors, $d'$, and $A'$. Effect sizes (ES) were small for hits, but medium/large for errors, $d'$, and $A'$ (usually from $g^2 > .13$ is considered a large effect). In addition, note that the standard deviation (SD) showed a clear trend for all variables (except for RT) of much greater variability in the ADHD group than in the high-performance group. Consequently, the Levene’s test was significant in all the variables, except for RT and hits. Moreover, normality tests were significant for all measures except RT. For these reasons, it was decided to perform the post hoc comparisons using the nonparametric tests (Mann-Whitney’s $U$) and to provide their appropriate effect size (Rosenthal’s $r$). Table 3 shows the results obtained, both in the direct scores (left side of the table) and the CSAT-R indexes (right side).
The ADHD group compared to normal development group showed significantly more errors, a more disinhibited response style (C), and a lower attention capacity (only for A’ index), but with small ES (all r’s values were lower than .30). The ADHD group scored significantly fewer hits and more errors than the high-performance group. Consequently, ADHD showed a lower attention capacity both in A’ and A’. ES were large for errors and both attention indexes (r > .50) and medium for hits. The last comparison showed that the high-performance group got significantly more hits, fewer errors, and more attention capacity than the normal development group with large ES except for hits (medium ES). It was also observed a difference in RT with longer times for the high-performance group. Consequently ADHD showed a lower attention capacity both in A’ and A’.

Figure 1 shows the distribution of participants with “attention dysfunction”, according to the A’ index in each experimental group. We used the index A’ instead of A because it is a non-parametric index that is not so dependent on normality criteria.

Table 3

<table>
<thead>
<tr>
<th>Raw Sc.</th>
<th>p</th>
<th>r</th>
<th>U</th>
<th>p</th>
<th>r</th>
</tr>
</thead>
<tbody>
<tr>
<td>Hits</td>
<td></td>
<td></td>
<td></td>
<td>AD vs NO</td>
<td>.336</td>
</tr>
<tr>
<td>AD vs NO</td>
<td>643.50</td>
<td>.000</td>
<td>.39</td>
<td>AD vs NO</td>
<td>525.00</td>
</tr>
<tr>
<td>AD vs HP</td>
<td>194.00</td>
<td>.003</td>
<td>.41</td>
<td>AD vs HP</td>
<td>386.00</td>
</tr>
<tr>
<td>NO vs HP</td>
<td>144.00</td>
<td>.000</td>
<td>.41</td>
<td>NO vs HP</td>
<td>261.00</td>
</tr>
<tr>
<td>Errors</td>
<td></td>
<td></td>
<td></td>
<td>AD vs NO</td>
<td>.032</td>
</tr>
<tr>
<td>AD vs NO</td>
<td>526.00</td>
<td>.000</td>
<td>.64</td>
<td>AD vs NO</td>
<td>567.00</td>
</tr>
<tr>
<td>AD vs HP</td>
<td>105.00</td>
<td>.000</td>
<td>.64</td>
<td>AD vs HP</td>
<td>128.00</td>
</tr>
<tr>
<td>NO vs HP</td>
<td>94.00</td>
<td>.000</td>
<td>.56</td>
<td>NO vs HP</td>
<td>101.00</td>
</tr>
<tr>
<td>RT</td>
<td></td>
<td></td>
<td></td>
<td>AD vs NO</td>
<td>.000</td>
</tr>
<tr>
<td>AD vs NO</td>
<td>668.00</td>
<td>.015</td>
<td>0.31</td>
<td>AD vs NO</td>
<td>538.50</td>
</tr>
<tr>
<td>AD vs HP</td>
<td>330.00</td>
<td>.017</td>
<td>0.35</td>
<td>AD vs HP</td>
<td>102.00</td>
</tr>
<tr>
<td>NO vs HP</td>
<td>173.00</td>
<td>.000</td>
<td>0.00</td>
<td>NO vs HP</td>
<td>88.00</td>
</tr>
</tbody>
</table>

Note: AD = ADHD group; NO = Normal development group; HP = High-performance group; RT = Reaction time; C = Response style index; A’ = Attentional capacity nonparametric index; U = Mann-Whitney’s U; r = Rosenthal’s effect size.

Table 4

<table>
<thead>
<tr>
<th>CSAT clinical validity for group comparisons.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sensitivity</td>
</tr>
<tr>
<td>NO vs HP</td>
</tr>
<tr>
<td>AD vs HP</td>
</tr>
<tr>
<td>AD vs NO</td>
</tr>
</tbody>
</table>

Note: AD = ADHD group; NO = normal development group; HP = high-performance group; PNV = Predictive negative value; PPV = Predictive positive value.

Twenty percent of the total sample showed suspicion of attentional dysfunction, but it was distributed differently among the three groups. Attentional dysfunction was observed at 29 %, 21 %, and 0 % in the ADHD, normo-typical development, and high-performance groups, respectively. Table 4 shows the statistics of the clinical validity of the CSAT-R based on the various comparisons between groups.
opment and ADHD groups were very similar (21% and 29%
respectively).

Discussion

This study is aimed to address this issue: What kind of diff-
erences can we expect in sustained attention in community-
based samples of ADHD, high capacity, and normal de-
velopment children? Currently, ADHD diagnosis is based pri-
marily on interviews and behavioral rating scales, although
most explanatory theories consider it a neuropsychophy-
ological disorder. In this approach, sustained attention has
played a fundamental role, but in practice, its measure has
not been unique. Traditionally, the CPTs have been pre-
ferred, but vigilance tasks could be more relevant (Huang-
Pollock et al., 2012).

However, the results have not always been consistent
(Berger et al., 2017). In addition, the relationship between
ADHD and high capacities is a bit confusing. Although
most children with ADHD usually have learning disabilities
and moderate IQ, it has been proposed that a significant
percentage of them may have high capacities (Chae et al.,
2003). Finally, the role of sustained attention in high capacity
is little known. There is no doubt that executive functions
and even inhibition of response (another key element of
ADHD) are areas where talented children stand out, but few
studies are evaluating the vigilance function.

Therefore, we aimed to analyze differences among chil-
dren with ADHD, high academic performance, and normo-
typical development in a brief, visual, computerized vigilance
task: CSAT-R (Servera & Cardo, 2006; Servera & Labrés,
2015). After comparing the three groups, the most striking
result was that the high-performance group was significa-
cantly differentiated, with large effect sizes, from the other two
groups in attention capacity, due more to the influence of
errors than hits. This result was favorable to our first hypo-
thesis, which was derived from Shi’s works (Duan et al., 2009;
Liu et al., 2011; Shi et al., 2013). That is, children with high
performance are not affected by a possible attentional dys-
function, and their attention capacity was better compared to
children with ADHD and normal development children.
Therefore, the possible attentional problems sometimes
found or attributed to children with high abilities seem to re-
fect more a behavioral issue (for example, they become
bored in class because they know and understand the con-
tents very well), rather than a neuropsychological dysfunc-
tion (Chae et al., 2003).

Furthermore, differences between the normo-typical and
ADHD groups were not clear. In comparison with previous
meta-analysis results (Huang-Pollock et al., 2012), our hy-
pothesis on commission errors can be considered as sup-
ported, given that normal development children were signifi-
cantly superior in this respect to children with ADHD, but
with a small effect size.

Nonetheless, our hypothesis has not been proven con-
cerning hits, where the relative best score of normal devel-
opment children only led to no significant small effect size.

As a consequence, our attentional capacity indexes also
showed small effect sizes, with only significant differences in
$A'$.

Through observation of the data, children with ADHD
showed a significantly more impulsive response style than
normal development children. This comparatively riskier
style has allowed them to have several hits similar to that of
normal development children (only 3% worse), but with a
high number of errors (52% more than normal develop-
ment children). Besides, it must be considered that our data
analysis approach is more conservative and stricter than
those used in most of the previous studies since we used ad-
justed nonparametric procedures and statistics.

The clinical validity of CSAT-R was analyzed through
comparisons of sensitivity, specificity, and positive and nega-
tive predictive values among the three groups. Comparisons
between the high-performance group and the normo-typical
and ADHD groups are not very relevant because the main
objective of the CSAT-R is not to detect children with high
abilities. However, it is worth noting that given that none of
the children with high performance showed an attentional
dysfunction, the specificity, and thus the positive predictive
value, were perfect. The comparison between the ADHD
and the normo-typical group is the most interesting to evalu-
ate the clinical validity of CSAT-R. The hypothesis was that
the task would have high sensitivity and specificity. The re-
sults were mixed: the specificity was moderately high, and
the positive predictive value was .67 (i.e. 67% of children
who showed attentional dysfunction belonged to the ADHD
group). In contrast, the sensitivity value was low, and the
negative predictive value was only .42 (i.e. the probability
of belonging to the normo-typical group for a child that
showed a normal attentional function was 42%). These data
only partially support the clinical validity of CSAT-R (i.e. the
task has acceptable specificity but low sensitivity).

However, it should be noted that our results, unlike most
of the preceding ones, come from community settings. This
probably implies that the clinical sample and the comparison
group are more similar than if they had been selected from
cut-off points or stricter procedures. This may explain why
21% of children without ADHD have attentional dysfunc-
tion and 71% with ADHD do not. However, this is the reali-
ty in which neuropsychological measures should be applied
and interpreted, and the results obtained can be useful, since,
in most diagnostic protocols of ADHD, attentional tasks are
used to confirm the diagnosis (not to rule it out). From this
point of view, the data showed that clinicians can somewhat
rely on the CSAT-R, given that when attentional dysfunction
is detected, the probability of having an ADHD diagnosis
will be close to an acceptable 70%. Furthermore, if the
CSAT-R is negative, it is not possible to hypothesize if the
child belongs to a normo-typical or clinical group. In addi-
tion, it should be noted that the CSAT-R uses a single global
measure of attention. This means that clinical decisions may
be more affected by Type 2 than Type 1 error (i.e. the better
chances to hit are greater by detecting an attentional dysfunction than by ruling it out).

Beyond these clinical issues, there are three possible explanations for the overall results found in the evaluation of CSAT-R (and other similar attentional tasks), which should be taken into account for future studies. First, as Berger et al. (2017) pointed out, these tasks have little ecological validity as they perform a pure evaluation of the attentional capacity in a highly controlled environment. Additionally, they do not require a high cognitive load that can cause differences between individuals (Fabio et al., 2015). Our data show that there is little difference between normoypical children and children with ADHD in the CSAT-R. It is necessary to observe a group of children with the high cognitive capacity to understand how their performance on the CSAT-R truly differs from the other two groups. Second, the CPTs and other attentional tasks could be measuring functional aspects of attention different from the behavioral component measured with parent and teacher’s rating scales. The difference between the neuropsychological and behavioral measures of attention has been proposed as a new way of understanding ADHD (Fair et al., 2012). In this line, it has been proposed that at least two neuropsychophysiological dysfunctions could play different roles in ADHD (Halperin & Schulz, 2006): a subcortical dysfunction (more persistent over time and measurable with attentional tasks) and a frontal dysfunction (more sensitive to improvement over time and measurable with behavioral scales).

Finally, it is possible that simple, low-load cognitive tasks, as CSAT-R or most of CPTs, may not be the best measures to assess sustained attention deficit (Huang-Pollock et al., 2012). Moreover, even if poor performance is detected in hits, errors, or attention indices between ADHD and normal groups, it is considered that this is not the result of a sustained attention deficit but rather of the consequence of some secondary effects associated with ADHD, and only decrement performance over time can be linked with attention deficit (Tucha et al., 2009). However, the issue is to know the best way to measure this variability: using standard errors, coefficients of variability, slopes (over blocks, ISIs, etc.), or even using indices from ex-Gaussian distributions (see, for example, Epstein et al., 2011). While this question is not always shown, Tucha et al. (2009) accept that differences between ADHD and healthy subjects on the CPTs performance may be of some clinical utility, as CSAT-R has partially shown.

This study has a series of limitations, most of them derived from working with community samples, and others from technical aspects. First, the group with high academic performance was chosen directly from schools with the help of teachers. In future studies, the high capacity of these children must be confirmed with specific tests of cognitive functioning. Second, the sample of children with ADHD was excessively heterogeneous in terms of subtypes, comorbidity, and treatment received. For example, although no differences were detected between ADHD children who took medication and those who did not, the majority of ADHD children had prescribed medication. This may have influenced the relative lack of differences between them and the normootypical group. Therefore, in the future, it is necessary to more strictly control the selection of the clinical sample. In the same line, the control sample must also be chosen more carefully, since in our case, there were 21% children with attentional dysfunction, which seems to be a very high percentage. It is necessary to select this type of sample with interviews and scales that rule out the presence of children with subclinical scores or with other types of problems that make comparing results difficult. Finally, from a technical point of view, it is necessary to highlight some limitations of the CSAT-R: Scoring based on signal detection theory’s indexes are used for most of the attentional clinical tasks, but they are not the only and perhaps not the best way to measure performance on these tasks. Diffusion models, although much more widely used in experimental studies, can be a highly recommended alternative (Donkin, Averell, Brown, & Heathcote, 2009; Ratcliff, 1978). Also, the lack of a measure of RT variability in the CSAT-R is an important limitation since this measure seems to be more robust and stable than other measures based on hits, errors, or simply reaction time (Kofler et al., 2013).

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